

OCTOBER 2016 MENU

<p>3</p> <p>Hashbrowns & Eggs Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Pizza Pinwheels Salad Fruit Milk</p>	<p>4</p> <p>Muffin & fruit Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Grilled Ham & Cheese Salad Fruit Milk</p>	<p>5</p> <p>Breakfast Sandwich Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Chicken Soup & Roll Salad Fruit Milk</p>	<p>6</p> <p>Muffin & fruit Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Corn Dog Cole Slaw Fruit Milk</p>	<p>7</p> <p>Sausage & Eggs Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Turkey sub sandwich Salad Fruit Milk</p>
<p>10</p> <p>COLUMBUS DAY NO SCHOOL</p> 	<p>11</p> <p>Bacon egg & cheese sandwich Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Chicken strips Mashed potatoes & gravy Fruit Milk</p>	<p>12</p> <p>Oatmeal & fruit Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Cheeseburger French Fries Fruit Milk</p>	<p>13</p> <p>Breakfast casserole Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Enchiladas Spanish Rice Fruit Milk</p>	<p>14</p> <p>Pancakes & sausage Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Penne Pasta & meatballs Green Beans Fruit Milk</p>
<p>17</p> <p>Muffin & fruit Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Chicken Alfredo Corn Fruit Milk</p>	<p>18</p> <p>Breakfast Pizza rounds Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Meatloaf Cheesy Mash Potatoes Fruit Milk</p>	<p>19</p> <p>Bagel & fruit Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Corn Dog & Tater tots Carrots Fruit Milk</p>	<p>20</p> <p>Breakfast Sandwich Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Lasagna & breadstick Salad Fruit Milk</p>	<p>21</p> <p>Muffin & eggs Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Chicken on a bun Green beans Fruit Milk</p>
<p>24</p> <p>Waffles & eggs Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Macaroni & cheese Fresh Veggie sticks Fruit Milk</p>	<p>25</p> <p>Toast & sausage Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Sloppy Joe Salad Fruit Milk</p>	<p>26</p> <p>Breakfast wraps Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Meatloaf Cheesy Mash potatoes Fruit Milk</p>	<p>27</p> <p>Oatmeal & fruit Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Hamburger French Fries Fruit Milk</p>	<p>28</p> <p>French Toast Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Ham Sub sandwich Salad Fruit Milk</p>
<p>31</p> <p>Breakfast sandwich Lowfat Yogurt Cold Cereal Juice/Milk</p> <p>Hot Dog Tater tots Fruit Milk</p> <p>HAPPY HALLOWEEN...BE SAFE!</p>				

This Institution is an equal opportunity provider.
Menu is subject to change due to availability of ingredients.