

# OCTOBER 2017 MENU

<p>2 Waffles Fruit, Cold Cereal, Juice</p> <p>Chicken Sandwich, Fruit Whole Grain Chips, Salad, Tomatoes</p>	<p>3 Muffins Fruit, Cold Cereal, Yogurt</p> <p>Fish Sticks, Whole Grain Roll Coleslaw, Fruit</p> <p>Peanut Butter &amp; Jelly Sandwich Celery, Fruit</p>	<p>4 Oatmeal Fruit, Cold Cereal, Juice</p> <p>Tater Tot Casserole Corn, Fruit</p> <p>Chicken Quesadilla Carrots, Fruit</p>	<p>5 Breakfast Sandwich Fruit, Cold Cereal, Yogurt</p> <p>Hamburger, French Fries Baked Beans, Fruit</p> <p>Meat &amp; Cheese Roll Up Celery, Fruit</p>	<p>6 Bagel &amp; Cream Cheese Fruit, Cold Cereal, Juice</p> <p>Mini Pizza Salad, Tomatoes, Celery, Fruit</p>
<p>9 Omelet, Muffins Fruit, Cold Cereal, Juice</p> <p>Meatballs, Mashed Potatoes Whole Grain Roll, Broccoli, Fruit</p>	<p>10 Pancakes Fruit, Cold Cereal, Yogurt</p> <p>Taco Bake, Refried Beans Salad, Tomatoes, Fruit</p> <p>Sub Sandwich Carrots, Fruit</p>	<p>11 Eggs &amp; Toast Fruit, Cold Cereal, Juice</p> <p>Orange Chicken, Rice Mediterranean Vegetable, Fruit</p> <p>Mini Pizza Salad, Tomatoes, Fruit</p>	<p>12 French Toast Fruit, Cold Cereal, Yogurt</p> <p>Chicken Noodle Soup Grilled Cheese, Corn, Fruit</p> <p>Peanut Butter &amp; Jelly Roll Up Celery, Fruit</p>	<p>13 PB&amp;J English Muffins Fruit, Cold Cereal, Juice</p> <p>Meat &amp; Cheese Roll Up Carrots, Fruit</p>
<b>COLUMBUS DAY</b>				
<p>16 Breakfast Sandwich Fruit, Cold Cereal, Juice</p> <p>Sub Sandwich, Whole Grain Chips Carrots, Fruit</p>	<p>17 Oatmeal Fruit, Cold Cereal, Yogurt</p> <p>Chicken Sandwich, French Fries Salad, Tomatoes, Fruit</p> <p>Bagel Sandwich Carrots, Fruit</p>	<p>18 Waffles Fruit, Cold Cereal, Juice</p> <p>Spaghetti Bake, Bread Sticks Broccoli, Fruit</p> <p>Nachos Celery, Fruit</p>	<p>19 Bagel &amp; Cream Cheese Fruit, Cold Cereal, Yogurt</p> <p>Chicken Strips, Mashed Potatoes Whole Grain Roll, Corn, Fruit</p> <p>Chicken Quesadilla Salad, Tomatoes, Fruit</p>	<p>20 Muffins Fruit, Cold Cereal, Juice</p> <p>Hamburgers, Tater Tots, Fruit Salad, Tomatoes, Baked Beans</p>
<p>23 Pancakes Fruit, Cold Cereal, Yogurt</p> <p>Baked Chicken, Scalloped Potatoes Green Beans, Fruit</p>	<p>24 Breakfast Burrito Fruit, Cold Cereal, Juice</p> <p>Veggie Soup, Grilled Cheese Salad, Tomatoes, Fruit</p> <p>Mini Pizza Celery, Fruit</p>	<p>25 PB&amp;J English Muffin Fruit, Cold Cereal, Yogurt</p> <p>Fish Sticks, Whole Grain Roll Broccoli, Fruit</p> <p>Peanut Butter &amp; Jelly Sandwich Carrots, Fruit</p>	<p>26 Sausage &amp; Toast Fruit, Cold Cereal, Juice</p> <p>Tacos, Tater Tots, Fruit Refried Beans, Salad, Tomatoes</p> <p>Meat &amp; Cheese Roll Up Celery, Fruit</p>	<p>27 Bagel &amp; Cream Cheese Fruit, Cold Cereal, Yogurt</p> <p>Chicken Sandwich, French Fries Corn, Fruit</p>
<p>30 Muffins Fruit, Cold Cereal, Yogurt</p> <p>Chicken Alfredo, Broccoli Salad, Tomatoes, Fruit</p>	<p>31 Oatmeal Fruit, Cold Cereal, Juice</p> <p>Meatball Sub, French Fries Salad, Tomatoes, Fruit</p> <p>Sub Sandwich Carrots, Fruit</p>			

**HAPPY HALLOWEEN...BE SAFE!**

**1% & 0% Milk Served With Each Meal.**