




## November 2017 Menu

		1 Omelet Muffin Fruit, Cold Cereal, Juice  Hamburger, Tater Tots, Salad Tomatoes, Baked Beans, Fruit  Peanut Butter & Jelly Sandwich Carrots, Fruit	2 Waffles Fruit, Cold Cereal, Yogurt  Baked Chicken, Scalloped Potatoes Broccoli, Whole Grain Roll, Fruit  Quesadilla Celery, Fruit	3 Bagel & Cream Cheese Fruit, Cold Cereal, Juice  Fish Sticks, Cole Slaw Bread Stick, French Fries, Fruit
6 Breakfast Sandwich Fruit, Cold Cereal, Juice  Sub Sandwich, Whole Grain Chips Carrots, Fruit	7 Muffins Fruit, Cold Cereal, Yogurt  Chicken Strips, Mashed Potatoes Whole Grain Roll,  Meat & Cheese Roll Up Whole Grain Chips, Celery, Fruit	8 French Toast Fruit, Cold Cereal, Juice  <b>No Lunch</b>  <b>Conferences</b> <b>Early Release @ 11:30</b>	9 PB&J English Muffin Fruit, Cold Cereal, Yogurt  <b>No Lunch</b>  <b>Veterans Day Assembly</b>  <b>Conferences</b> <b>Early Release @ 11:30</b>	10 <b><u>VETERANS DAY</u></b> <b>NO SCHOOL</b>  
13 Oatmeal Fruit, Cold Cereal, Yogurt  Taco Bake, Refried Beans Salad, Tomatoes, Fruit	14 Breakfast Burrito Fruit, Cold Cereal, Juice  Orange Chicken Whole Grain Rice, Broccoli, Fruit  Bagel Sandwich Carrots, Fruit	15 Biscuits & Gravy Fruit, Cold Cereal, Yogurt  Fish Sticks, French Fries, Fruit Veggie Medley, Whole Grain Roll  Mini Pizza Salad, Tomatoes, Fruit	16 Omelet Muffin Fruit, Cold Cereal, Juice  Spaghetti Bake, Bread Sticks Salad, Tomatoes, Fruit  Nachos Celery, Fruit	17 Sausage & Toast Fruit, Cold Cereal, Yogurt  Chicken Sandwich, Tater Tots Celery & Carrots, Fruit
20 Waffles Fruit, Cold Cereal, Juice  Hamburger, French Fries Baked Beans, Salad, Tomatoes	21 Breakfast Sandwich Fruit, Cold Cereal, Yogurt  Oven Roasted Turkey, Green Beans Mashed Potatoes, Whole Grain Roll  Sub Sandwich Carrots, Fruit	22  	23  <b>Thanksgiving Break</b>	24  
27 Bacon & Toast Fruit, Cold Cereal, Juice  Tater Tot Casserole Corn, Bread Stick, Fruit	28 Muffins Fruit, Cold Cereal, Yogurt  Chicken Alfredo Bake Salad, Tomatoes, Fruit  Bagel Sandwiches Celery, Fruit	29 Bagel & Cream Cheese Fruit, Cold Cereal, Juice  Tomato Soup, Veggie Medley Grilled Cheese & Ham, Fruit  Peanut Butter & Jelly Sandwich Carrots, Fruit	30 Breakfast Scramble, Toast Fruit, Cold Cereal, Yogurt  Chicken Sandwich, French Fries Salad, Tomatoes, Fruit  Mini Pizza Salad, Tomatoes, Fruit	

**\*1% & 0% Milk Served With Each Meal**